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DELAWARE NURSING HOME RESIDENTS QUALITY ASSURANCE COMMISSION  
St Francis Life Center  
1072 Justison Street  
Wilmington, DE 19801  
FINAL

Meeting September 13, 2016  
Minutes

Commission Member (s) Present: Lisa Furber, DNHRQAC Chair; Amy Milligan; Yrene Waldron; Sue Shevlin; and Karen Gallagher.

Commission Member (s) Absent: Melissa VanNeerden; Representative Kim Williams; Senator Bethany Hall-Long and Doug Watts.

Others Present: Margaret Bailey; Patricia Collette, Aide to Karen Gallagher; Maria Miller, St Francis Life Center; Michelle Hood, St. Francis Life Center; Mary Peterson, DLTCRP; Charlotte Dougherty, Consumer; Dana Camoirano, Home Instead; Tina Showalter, Esquire; Rob Smith, DLTCRP; Colleen Yezek, DMMA; Kathleen Dougherty, DMMA; and Tiffany Stewart, Point of Hope.

1. Call to order

The meeting was called to order at 9:37 AM by Margaret Bailey.

2. Approval of the Minutes for the meeting of:

The meeting minutes of July 12, 2016 were not approved due to lack of quorum.

3. Discussion of:

QART Report

Rob Smith, DLTCRP Licensing Administrator, presented the 2<sup>nd</sup> Qtr 2016 QART Report. The survey team recommended one “G” level deficiency during this time frame. The QART Team reviewed the “G” level deficiency and decided after review that the “G” level deficiency was appropriately cited.

Mary Peterson, DLTCRP Director, mentioned that effective September 1, 2016, Centers for Medicare and Medical Services (CMS) automatically access Civil Monetary Penalties (CMP) for “G” level or higher deficiencies. DLTCRP makes a second follow-up visit to make sure facilities are in compliance.

Furthermore, Ms. Peterson shared that CMS is in the process of changing all ‘F’ tags often cited to facilities during annual surveys (deficiencies). CMS will also be reorganizing and rolling out a different annual survey process in the near future. The ‘new’ survey process will be a hybrid of

the Quality Indicator Survey (QIS) which is pc based and will include more emergency preparedness.

### Staffing Report

Rob Smith, DLTCRP Licensing Administrator, presented the 3rd Qtr 2016 Staffing Report. All facilities were in compliance with the nurse to resident, aide to resident and hour ratios per Eagles Law (3.28). The hours per resident totaled 3.68 hours during this snapshot in time.

### Point of Hope

Tiffany Stewart, Program Director, provided commission members with an overview of Point of Hope which was founded in 2006 by the Robinson family (Barbara, Melvin, and Damian).

The founders envisioned a place where people with disabilities would be treated with dignity, compassion, and distinction. Barbara and Melvin's daughter Tiffany Stewart, M.Ed., a Certified Brain Injury specialist (CBIS) joined the family business in 2008. Since then, Point of Hope has grown, but remains grounded in their mission to provide a day program where clients are treated like members of the family.

Point of Hope offers specialized facility based programs for persons with severe and profound intellectual disabilities, Autism, ABI/TBI, neurological impairments and those with special medical needs. Treatment plans are tailored to each individual's goals based on the recommendations prescribed in their Essential Lifestyle Plan (ELP) and on their personal choices.

Point of Hope's Day Programs allow participants to experience their interests in personal life & skilled activities through educational, vocational, leisure and recreational interests.

DSAPPD piloted this program to clients about two years ago. To date, there have been five LTC residents approved for Point of Hope services.

The Point of Hope Day Program (New Castle and Smyrna locations) currently serves 82 individuals. The day programs are open 8:00 am – 2:30 pm Monday - Friday. For more information, visit: <http://point-of-hope.com/>.

### Programs All Inclusive for the Elderly (PACE) and St. Francis Life Center

Colleen Yezek, Program Administrator, provided an update regarding the PACE Program. The program began February 1, 2013. To date, the program has served 194 participants at the St. Francis Life Center. The goal is to have 250 active participants in the PACE Program. The geographic area served is New Castle County.

PACE criteria:

- 55 years old+
- Designated nursing home level of care
- Financial approved
- Approached by PACE to be safe in the community

Amy Milligan, Executive Director, provided an update regarding St. Francis Life Center (administers the PACE Program) located in Wilmington, Delaware:

- Average age = 75 years (range 57 – 102)
- Population 75 % female
- Must have 1 Activity of Daily Living (ADL)
- Interdisciplinary team (physician, nurse, SW, Activity Specialist, OT/PT, etc)
- Adult Day & Rehab services on-site
- ~ 5% of PACE members reside in LTC facilities

Attendees were kindly offered a tour of St Francis Life Center after the DNHRQAC meeting.

For more information regarding St. Francis Life Center:

<http://www.stfrancishealthcare.org/LIFE.aspx>

### Money Follows the Person (MFP)

Colleen Yezek provided an overview of MFP, which was designed to assist eligible individuals that choose to participate in moving from an eligible Long Term Care (LTC) facility, (nursing home, Intermediate Care Facility for Developmental Disabilities ICF/DD or state hospital) to an eligible residence in the community with available community services and supports.

Eligibility:

- 90 consecutive days in an inpatient facility
- Medicaid eligible at least 1 (one) day prior to discharge
- Health needs that can be met through services available in the community
- Voluntarily consent to participation
- Be eligible for available Home and Community Based Services (HCBS) as of the first day of transition
  - Elderly, age 65+ or Person with a disability Age 18-64, meeting a nursing facility level of care (LOC) and Medicaid eligibility requirements. Or
  - Developmental Disabilities (DD) waiver services: Individuals meeting Medicaid eligibility and medical requirements and receiving an ICF/DD level of care and are eligible to access Delaware's DD waiver ( DD waiver provides residential and other services).

MFP Program will pay for Transition services to the community for the first 365 days of program participation (set up costs, counseling, training, home modifications, etc)

After 365 days of MFP Transition services, services will be available to continue to help support eligible individuals to remain in the community which includes: case management, personal care services, medical and social care, orthotics and prostheses, adult day services, assisted living, cognitive services, specialized medical equipment and supplies and more.

To date, 228 clients have been transitioned out of Delaware nursing homes. For more information, please access: <http://dhss.delaware.gov/dhss/dmma/mfphome.html>.

Delaware has decided to end MFP effective December 31, 2017 for a variety of reasons (lack of family support & housing, client's former financial debts, etc). Ms. Yezek mentioned that the state will most likely offer Community First Choice in its place.

#### 4. Old/New Business:

##### FY 16 DNHRQAC Annual Report

Ms. Bailey and Ms. Furber provided commission members with a copy of the FY 16 DNHRQAC Annual Report - draft. Members were asked to forward comments so the report may be finalized during the DNHRQAC meeting of November 22, 2016.

##### DNHRQAC Memberships

Ms. Bailey is working with the Governor's Office regarding membership vacancies. Once updates have been forwarded, Ms. Bailey will share with the Commission.

#### 5. Public Comment:

##### Fearless Caregivers Conference

The Annual Fearless Caregiver's Conference hosted by DSAAPD will be held on September 29, 2016 @ The Executive Banquet and Conference Center 10:00 – 3:00 pm. The conference offers caregivers a chance to network with others overwhelmed by caregiving challenges. For more information: (877)829-2734.

##### DHCFA's Trade Show

Delaware Health Care Facilities Association will have their Trade Show & Conference September 22, 2016 @ Dover Downs Hotel & Casino. For more information contact Jennifer White: (302) 235-6895.

##### Residents Rights Rally

The Annual Residents Rights Rally will be held on October 25, 2016 at the Modern Maturity Center (1:00 – 3:00 pm). The theme this year is "My Vote Matters." Senator Bethany Hall – Long will be preparing a tribute to honor this event.

### Music Program for Dementia Residents

Ms. Peterson mentioned that DLTCRP will be using some Civil Monetary Penalty (CMP) funds to pilot a music therapy program in LTC facilities. Ten facilities (10 residents each) will participate in the music program being mirrored after “Alive Inside”.

6. Next meeting will be **Tuesday November 22, 2016 @ 9:30 AM**. The meeting location: Division of Developmental Disabilities Services: 2540 Wrangle Hill Rd 2<sup>nd</sup> Floor Training Room “A” Bear, DE 19701.

7. Adjournment

The meeting was adjourned at 11:41 AM by Lisa Furber. .

Attachments: QART Report  
Staffing Report  
Meeting Minutes of July 12, 2016  
DMOST: New tool in Advanced Care Planning  
Updated Membership Roster  
Dementia Friendly Dining article  
SNF Nursing Hourly Wages Swing By State article  
Study: At CCRC’s, CNA Wages Still Dragging Behind Other Caregivers article  
Quest Diagnostics Launches Electronic Cognitive Assessment Tool article